



HAWICK AMATEUR SWIMMING CLUB

GRADED CHALLENGE

TEVIOTDALE LEISURE CENTRE

SUNDAY 11TH MARCH 2012
2.30pm Warm up for 3.00pm Start

Licence Number
ED/L3/521/1111

Hawick Graded Challenge

General Information

- Date : Sunday 11th March 2012
Venue : Teviotdale Leisure Centre
Pool : 6 Lane, 25m, anti-wave lane ropes, spectator area, cafeteria
Time : 2.30pm warm up, 3.00pm start
Events : 50m Butterfly, Back, Breast and Freestyle, 100m I.M., Freestyle Relay.
Swimmers can swim in a maximum of 3 individual events + a relay.
Entry Fees: £3.00 per individual event
£5 per relay
Awards : Medals for 1st, 2nd, 3rd, ribbons for winners of each heat and medals for “too fast”.
Cup for Best Club on overall points.
Officials : Officials and timekeepers are essential! Could we please have the names of at least 2 Officials with the entries.
Closing Date : 12 Midday 23rd February 2012
Return to : Alison Bruce
Tel : 01450 374383
Email : Alison.bruce50@hotmail.com

Meet Rules

The Meet will be held under SASA rules.

All swimmers must have a current SASA number.

Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation.

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without the prior approval of the meet director. Application must be made on the approved form.

It is the responsibility of each club to ensure that their swimmers are aware of the meet rules.

ENTRIES

Closing date for entries is midday 23rd February 2012 .

Withdrawals should be made known to the recorders at least 30 minutes before the start of the first event.

The promoters reserve the right to restrict entries in order to facilitate the smooth running of the event.

Entries will be accepted on a time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full. There are no refunds for entries withdrawn after the draft programme is prepared.

Entries by email to : Alison.bruce50@hotmail.com.

Time cards will be required.

Events

Swimmers must report to the marshals at least 3 heats in advance.

All events will be swum as heat declared winners.

Miscellaneous

Swimmers and coaches must not take glassware into showers or on poolside.

Neither Hawick ASC nor Teviotdale Leisure Centre can be held responsible for loss or damage to swimmer, team staff or spectator's property. Swimmers are strongly advised to secure property in the changing rooms. Lockers take refundable £1 coins.

Outdoor footwear must not be worn on poolside.

HAWICK GRADED CHALLENGE											
EVENT	SEX	STROKE	BAND	TIME BAND	Too Fast						
1	M	50m BUTTERFLY	A	36.00 to 42.99	34.00						
2	F		B	43.00 to 49.99	41.00						
3	M			C	50.00 to 56.99	48.00					
4	F				D	Over 57.00	55.00				
5	M					A	36.00 to 42.99	34.00			
6	F						B	43.00 to 49.99	41.00		
7	M							C	50.00 to 56.99	48.00	
8	F								D	Over 57.00	55.00
9	M	50m BACKSTROKE								A	36.00 to 42.99
10	F		B							43.00 to 49.99	41.00
11	M			C						50.00 to 56.99	48.00
12	F				D					Over 57.00	55.00
13	M					A				1.18.00 to 1.29.99	1.14.00
14	F						B			1.30.00 to 1.41.99	1.26.00
15	M							C		1.42.00 to 1.53.99	1.38.00
16	F								D	Over 1.54.00	1.50.00
17	M	50m INDIVIDUAL MEDLEY								A	42.00 to 48.99
18	F		B							49.00 to 55.99	47.00
19	M			C						56.00 to 1.02.99	54.00
20	F				D					Over 1.03.00	1.01.00
21	M					50m BREASTSTROKE				A	34.00 to 38.99
22	F						B			39.00 to 43.99	37.00
23	M							C		44.00 to 48.99	42.00
24	F								D	Over 49.00	47.00
25	M	50m FRONT CRAWL								A	34.00 to 38.99
26	F		B							39.00 to 43.99	37.00
27	M			C						44.00 to 48.99	42.00
28	F				D					Over 49.00	47.00
29	M					4 x 50m FREESTYLE RELAY				1 Swimmer from each band to swim in order "D" TO "A".	2.38.00
30	F						1 Swimmer from each band to swim in order "D" TO "A".			2.38.00	
31	M							1 Swimmer from each band to swim in order "D" TO "A".		2.38.00	
32	F								1 Swimmer from each band to swim in order "D" TO "A".	2.38.00	
33	M	1 Swimmer from each band to swim in order "D" TO "A".								2.38.00	
34	F		1 Swimmer from each band to swim in order "D" TO "A".							2.38.00	
35	M			1 Swimmer from each band to swim in order "D" TO "A".						2.38.00	
36	F				1 Swimmer from each band to swim in order "D" TO "A".					2.38.00	
37	M					1 Swimmer from each band to swim in order "D" TO "A".				2.38.00	
38	F						1 Swimmer from each band to swim in order "D" TO "A".			2.38.00	
39	M							1 Swimmer from each band to swim in order "D" TO "A".		2.38.00	
40	F								1 Swimmer from each band to swim in order "D" TO "A".	2.38.00	
41	M	1 Swimmer from each band to swim in order "D" TO "A".								2.38.00	
42	F		1 Swimmer from each band to swim in order "D" TO "A".							2.38.00	

Each swimmer can swim in a maximum of 3 events + relay. Swimmers can swim in a different time band for each stroke. Relay swimmers need not have swum in the Frontcrawl event.

HAWICK GRADED CHALLENGE

HEALTH AND SAFETY ANNOUNCEMENT CONTROLLING THE USE OF PHOTOGRAPHIC EQUIPMENT

The Scottish Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, the meet will run under the following guidelines:

- *No photographic equipment (e.g., camera, camcorder etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.*
- *Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.*
- *Application can be made on the day to the meet director or to the meet director's appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.*

**SCOTTISH SWIMMING
HEALTH & SAFETY COMMITTEE
APPLICATION FORM TO USE PHOTOGRAPHIC
EQUIPMENT**

DETAILS OF APPLICANT

Name _____

Address _____

Club _____

Name of
Meet _____

Venue _____

Type of
Equipment _____
(e.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club
Name _____

Club Secretary Name _____

Address _____

Club Secretary Officials
Signature _____

DECLARATION OF APPLICANT

I declare that the picture/film(s) produced by the equipment stated above will not be altered in any way, without prior approval, in writing of the person(s) photographed.

Signature of Applicant

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) *(delete as appropriate)
Signature of Meet official

**NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN
EQUIPMENT IS TO BE USED.**